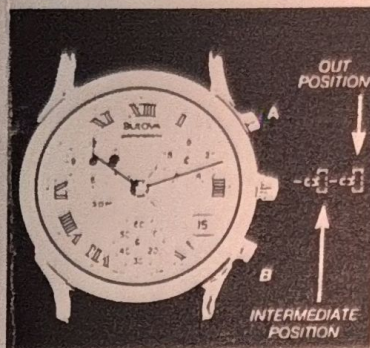


Setting & using WATCHES

BULOVA CHRONOGRAPHS (WITHOUT ALARM)

PRELIMINARY SETTING

Before the watch can be set, the 12-hour timer hand, 60-minute timer hand, 60-second timer hand and the 1/10-second timer hand must all be in the "0" (60th second or 12th hour) position.



- Step 1: Pull the crown to the "intermediate" position.
- Step 2: Push and release button "A" to reset the 12-hour timer.
- Step 3: Push and release button "B" to reset the 60-minute timer.
- Step 4: Pull the crown to the "out" position.
- Step 5: Push and release button "A" to reset the 60-second timer.
- Step 6: Push and release button "B" to reset the 1/10-second timer.
- Step 7: When all hands are accurately positioned, push the crown to the "in" position. You can now proceed to "Setting the Time".

SETTING THE TIME

- Step 1: When the second hand reaches the "0" (60th second or 12th hour) position, pull the crown to the "out" position.
- Step 2: Turn the crown forward until the date changes. This establishes midnight.
- Step 3: For a.m. time, turn the hands forward until the time shown is approximately five minutes ahead of the desired time; then, gently turn back to the desired time. For p.m. time, follow the same procedure, but first advance the hands past 12 o'clock.
- Step 4: When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "in" position.

SETTING THE DATE

- Step 1: Pull the crown to the "intermediate" position.
- Step 2: Slowly turn the crown until the correct date appears.
- Step 3: Push the crown to the "in" position.

HOW TO USE THE STOPWATCH FUNCTION

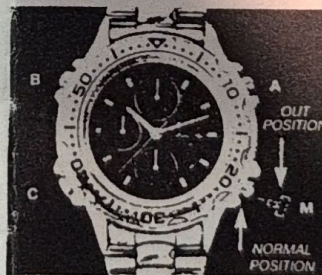
The watch remains in normal time indication mode.

- Step 1: To start the stopwatch, push button "A". To stop it, push button "A" again. (To measure accumulated elapsed time without interrupting the measurement of total time, stop the watch by pushing button "B". To restart it, push button "B" again.)
- Step 2: To reset the stopwatch to "0", push button "A" to stop it; then, push button "B".

BULOVA CHRONO-ALARM

PRELIMINARY SETTING

Step 1: Push and release button "M" until the mode hand points to "0", the zero position confirmation mode. The hour, minute, second, 24-hour and auxiliary hands should all move to the "0" positions.



If the hands are not properly positioned, proceed as follows:

- Pull button "M" out to the first position.
 - Push button "A" to set the second hand to the "0" second position.
 - Push button "B" to set the auxiliary hand to the "0" hour position.
 - Push button "C" to set the hour, minute and 24-hour hands to the "0" hour, "0" minute position.
- Step 2: Push button "M" in to the normal position. You can now proceed to "Setting the Time".

SETTING THE TIME

- Step 1: Push and release button "M" until the mode hand points to "TME", the normal time indication mode.
- Step 2: Pull button "M" out to the first position.
- Step 3: Press button "B" or "C" to set the hour, minute and 24-hour hands. To move the hands clockwise, press button "B"; to move them counterclockwise, press button "C". Check the synchronized 24-hour hand to establish a.m. or p.m. time.
- Step 4: Push button "A" to reset the second hand. To ensure synchronization with an accurate time standard, pressing button "A" while the to the next full minute position.
- Step 5: Push button "M" in to the normal position.

SETTING THE CALENDAR

- Step 1: Push and release button "M" until the mode hand points to "CAL".
 - Step 2: Pull button "M" out to the first position.
 - Step 3: To set the month, push button "B" to advance the auxiliary hand (month hand).
 - Step 4: To set the date, push button "A" to advance the second hand (date hand).
 - Step 5: Push button "M" in to the normal position.
- (To monitor the calendar when the watch is in normal time indication ("TME") mode, push and release button "A". To cancel the monitoring, push button "A" or "C". The calendar will return to normal time after 10 seconds if no buttons are pushed.)

HOW TO USE THE STOPWATCH FUNCTION

- Step 1: Push and release button "M" until the mode hand points to "CHR". Since the auxiliary hand functions as the stopwatch indicator, the hour, minute and 24-hour hands will continue to display the current time.
- Step 2: To start the stopwatch, push and release button "A". To stop it, push and release button "A" again.
- Step 3: To reset the stopwatch at "0", push and release button "C". The counter will automatically resume after 10 seconds.
- Step 4: To use the 1/20th-second function, push and release button "C" to reset the stopwatch; then, hold down button "B". The auxiliary hand will move in 1/20th-second increments within a one-minute range, but will continue to measure elapsed minutes. Releasing button "B" will return the display to elapsed minutes. The 1/20th-second display is effective only on timings exceeding ONE minute.
- Step 5: To return to normal time indication mode, push and release button "M" until the mode hand points to "TME".

HOW TO USE THE COUNTDOWN TIMER

- Step 1: Push and release button "M" until the mode hand points to "TMR". Since the auxiliary hand functions as the countdown indicator, the hour, minute and 24-hour hands will continue to display the current time.
 - Step 2: To set the countdown timer, push and release button "B" to move the auxiliary hand to the desired time.
 - Step 3: To start the countdown timer, push and release button "A". The auxiliary hand will advance in one-minute increments. When "0" is reached, a continuous beep will sound for 10 seconds.
 - Step 4: To reset the countdown timer after it has started, press button "C". The timer will start again automatically.
- (Note: In countdown timer mode, a confirmation beep sounds with each start, stop and reset operation.)
- Step 5: To return to normal time indication mode, push and release button "M" until the mode hand points to "TME".

SETTING THE SINGLE ALARM (AL-1)

- Step 1: Push and release button "M" until the mode hand points to "AL-1".
 - Step 2: Press button "B" or "C" to set the hour, minute and 24-hour hands. To move the hands clockwise, press button "B"; to move them counterclockwise, press button "C". Check the synchronized 24-hour hand to establish a.m. or p.m. time.
 - Step 3: If the single alarm is on, the second hand will stop in the "0" position. To cancel or turn off the single alarm, push button "A". When the single alarm is off, the hour, minute, second and 24-hour hands will display the current time.
- Following one ring of the single alarm (10 seconds), the alarm setting is automatically cleared from the memory and the auxiliary time display returns to the current time.

SETTING THE DAILY ALARM (AL-2)

- Step 1: Push and release button "M" until the mode hand points to "AL-2".
 - Step 2: Pull button "M" out to the first position.
 - Step 3: Press button "B" or "C" to set the hour, minute and 24-hour hands. To move the hands clockwise, press button "B"; to move them counterclockwise, press button "C". Check the synchronized 24-hour hand to establish a.m. or p.m. time.
 - Step 4: To select alarm volume, with button "M" out in the first position, press button "A" to choose between softer and louder sounds. Button "A" can also be used to switch the alarm off.
 - Step 5: Push button "M" in to the normal position.
 - Step 6: Push and release button "M" until the mode hand points to "TME", the normal time indication mode.
- Once the alarm time has been set, the alarm will sound every day at the same time for 15 seconds.
- (To monitor the daily alarm when the watch is in normal time indication ("TME") mode, push and release button "B". To cancel the monitoring push button "B" or "C". The daily alarm will return to normal time after 10 seconds if no buttons are pushed.)

SETTING THE LOCAL TIME (L-TM)

This dual time feature, useful during travel, allows you to set a local time different from the normal time indication.

Step 1: Push and release button "M" until the mode hand points to "L-TM".

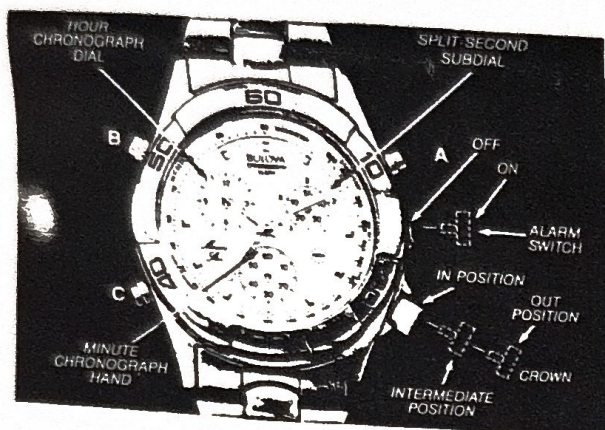
Step 2: Pull button "M" out to the first position.

Step 3: Press button "B" or "C" to set the hour, minute and 24-hour hands. To move the hands clockwise, press button "B"; to move them counterclockwise, press button "C".

Step 4: Push button "M" in to the normal position.

BULOVA CHRONOGRAPHS & CHRONO-ALARMS

Chronographs are watches that also measure the elapsed time of any event with a defined start, such as a race.



The following instructions are generally applicable to most chrono-alarm models, as well as to certain chronographs, without alarm. For more details, please consult the appropriate warranty booklets.

PRELIMINARY SETTING

Before the watch can be set, the split-second hand and the sweep second hand must be in the "0" (60th second or 12th hour) position.

Step 1: Push the crown to the "in" position.

Step 2: Push and release button "C" twice. When the sweep second hand starts moving, push button "C" once more.

Step 3: If the sweep second hand and the split-second hand are in the "0" position, their settings are correct and you can go on to step 4.

If either or both hands are not properly positioned, proceed as follows:

- Pull the crown to the "out" position.
 - To reset the sweep second hand to the "0" position, push and release button "A" repeatedly until the hand is in the "0" position.
 - To reset the split-second hand to the "0" position, push and release button "B" repeatedly until the hand is in the "0" position.
- Step 4: When both hands are accurately positioned, push the crown to the "in" position; then, push button "C". You can now proceed to "Setting the Time".

SETTING THE TIME

The watch must be in normal time indication mode before it can be set (crown in the "in" position, sweep second hand advancing, split-second hand not turning).

Step 1: Pull the crown to the "out" position. The sweep second hand will automatically return to the "0" position. All hands will stop moving.

Step 2: Turn the crown to set the minute and hour hands. Because the setting is electronic, turning the crown quickly will cause the hands to advance faster. To stop them, turn the crown in the opposite direction.

Step 3: When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "in" position.

HOW TO USE THE STOPWATCH FUNCTION

Step 1: To use the stopwatch function, first push button "C" to set the watch to chronograph mode. The second hand will move to "0".

Step 2: To start the stopwatch, push button "A". To stop it, push button "A" again.

To measure accumulated elapsed time without interrupting the measurement of total time, stop the watch by pushing button "A". To restart it, push button "A" again.

Step 3: To reset the stopwatch to "0", push button "A" to stop it; then, push button "B".

Step 4: To return to normal time indication mode, push button "C".

SETTING AND USING THE ALARM

The watch must be in normal time indication mode before the alarm can be set (crown in the "in" position, sweep second hand advancing, split-second hand not turning).

Step 1: Pull the alarm switch to the "on" position.

Step 2: Pull the crown to the "intermediate" position. The watch face will now show the alarm time.

Step 3: To set the alarm time, turn the crown until the watch shows the desired time.

Step 4: Push the crown to the "in" position to return to normal time indication mode.

Step 5: If the alarm switch remains in the "on" position, the alarm is activated. To deactivate the alarm or stop the alarm signal, push the alarm switch to the "off" position.

HOW TO SET THE COUNTDOWN TIMER

A countdown timer signals when a certain amount of time has elapsed. You can use it to measure any fixed span of time with a definite start and finish, such as the time on a parking meter. The subdial at the 2 o'clock position indicates the countdown time.

The watch must be in normal time indication mode before the countdown timer can be set (crown in the "in" position, sweep second hand advancing, split-second hand not turning).

Step 1: To set the countdown time, push and release button "B" until the desired time shows on the subdial.

Step 2: To start the countdown timer, push and release button "A". The hand will advance in one-minute increments until the remaining time is 50 seconds. After this, the hand will advance in one-second increments.

If you have a chrono-alarm watch, you will hear three consecutive "pings" after starting the countdown. When "0" is reached, a continuous "ping" will sound for 10 seconds.

Step 3: To reset the countdown timer to "0", push button "C" twice.

BULOVA CHRONOGRAPHS

SETTING THE TIME

Your watch must be in normal time indication mode before it can be set (crown in the "in" position and second counter hand in the "0" or "30" position).

Step 1: Pull the crown to the "out" position.

Step 2: Turn the crown to set the time.

Step 3: When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "in" position.

SETTING THE DATE

Step 1: Pull the crown to the "intermediate" position.

Step 2: Turn the crown counterclockwise until the correct date appears.

Step 3: Push the crown to the "in" position.

HOW TO USE THE STOPWATCH FUNCTION

Step 1: To start the stopwatch, push the button.

Step 2: To stop the stopwatch, push it again.

Step 3: To reset, push the button once again.

BULOVA MOONPHASE WATCHES

SETTING THE TIME

Step 1: When the second hand reaches the "0" (60th second or 12th hour) position, pull the crown to the "out" position.

Step 2: To set the day, turn the crown forward (clockwise) until the day indicator reaches the desired day.

Step 3: For a.m. time, continue to move the hands forward until the time shown is approximately five minutes ahead of the desired time; then, gently turn back to the desired time. For p.m. time, follow the same procedure, but first advance the hands past 12 o'clock.

Step 4: When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "in" position.

SETTING THE DATE

Step 1: Pull the crown to the "intermediate" position.

Step 2: Turn the crown backward (counterclockwise) to advance the date hand to the correct date.

Step 3: Push the crown to the "in" position.

SETTING THE AGE OF THE MOON

Step 1: Pull the crown to the "intermediate" position.

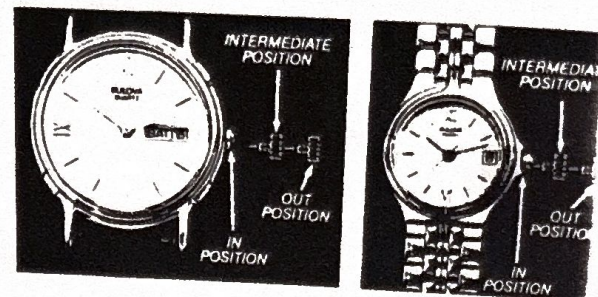
Step 2: Turn the crown forward (clockwise) until the moonphase indicator reaches the desired setting.

Step 3: Push the crown to the "in" position.

SETTING THE MONTH

If your moonphase model is equipped with month indicator, depress the recessed set-button with a fine-tipped object. The month indicator will jump one month ahead each time the button is fully depressed.

BULOVA DATE & DAY/DATE MODELS



SETTING THE TIME

Step 1: When the second hand reaches the "0" (60th second or 12 hour) position, pull the crown to the "out" position.

Step 2: Turn the crown forward until the date changes. This establishes midnight.

Step 3: For a.m. time, turn the hands forward until the time shown is approximately five minutes ahead of the desired time; then, gently turn back to the desired time.

For p.m. time, follow the same procedure, but first advance hands past 12 o'clock.

Step 4: When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "in" position.

SETTING THE DATE OR DAY/DATE

Step 1: Pull the crown to the "intermediate" position.

Step 2: Slowly turn the crown in one direction until the correct date appears.

Step 3: Turn the crown in the opposite direction until the correct date appears.

Step 4: Push the crown to the "in" position.

BULOVA NON-DATE MODELS

SETTING THE TIME

Step 1: When the second hand reaches the "0" (60th second or 12 hour) position, pull the crown out.

If the watch does not have a second hand, just pull the crown out.

Step 2: Turn the hands forward until the time shown is approximately five minutes ahead of the desired time; then, gently turn back to the desired time.

Step 3: When the time standard by which you are setting your watch reaches the 60th second, push the crown in.

BULOVA AUTOMATIC WATCHES

Although this is an automatic model, the watch must be wound seven or eight times the first time you wear it. After that, your daily activity should be sufficient to keep the watch running. If not, occasional supplementary manual winding will be necessary. To set the time and the day/date, follow the instructions for Bulova Date & Day/Date Models.

WATER RESISTANCE

To be called "water-resistant", the Federal Trade Commission requires that a watch not admit moisture if immersed for five minutes at a depth of 34 feet, and for at least another five minutes at depth of 113 feet. All Bulova watches marked water-resistant have been submitted to this test.

The depth to which a watch can be submerged indicates the degree of its water-resistance. Most water-resistant Bulova styles can be submerged to a depth of either 30 meters (100 feet, 3 ATM) or 50 meters (165 feet, 5 ATM). This means that such common activities as swimming, taking a shower and washing hands will not present any problems. If a watch is water-resistant, this will be engraved on the back of the case. All styles belonging to the Marine Star Collection are water-resistant to at least 100 meters (330 feet, 10 ATM). The exact degree of water resistance will be indicated on the dial.

Please consult individual warranty booklets for further, more detailed instructions.